

# How to Write Your Testimony

*It is a proof of your faith. Many people will praise God because you obey the Good News of Christ—the gospel you say you believe—and because you freely share with them and with all others.*

2 CORINTHIANS 9:13 NCV

## Testimony Guidelines

1. Before you start writing, pray. Ask God for guidance and for help with the words.
2. Your testimony needs to be about 12–17 minutes long; 9–12 pages, double-spaced; 12-point font, and typed.
3. Be sure to include one or two of your favorite Scriptures.
4. Be honest.
5. Remember that you are not cured.
6. Don't use religious clichés.
7. Keep it short and to the point.
8. And most of all—have fun!

There are four major parts to your story. Relax and get started!

### **1st: “The Old Me”**

1. Start out with, “I’m a believer who’s in recovery and struggles with \_\_\_\_\_.”
2. What was the insanity of my life before recovery?
3. What are some of the circumstances that others can relate to?
4. What was my relationship to God like?
5. What was my attitude to others like?
6. What was my lowest point?

### **2nd: My Experiences and Changes in Working through Celebrate Recovery**

7. How I got into recovery.
8. How has my growing relationship with Jesus Christ influenced my recovery?
9. How did working the program help me?
10. Did one particular Step touch my heart in a special way?



## How to Write My Testimony, *continued*

### **3rd: “The New Me”**

11. What changes has God made in my relationships with others?
12. What areas of my old life are gone and how have they changed?
13. How has my walk with God changed?
14. What are some of the great benefits that I have received from working the program?

### **4th: Outreach**

15. What encouragement can I give a Newcomer?
16. Am I sharing the Good News with the world? Where? With whom?